



Alive Again!



Nutrition Boot Camp

Invest just **one month** ...
And receive a life-long nutrition
action plan!!

Join me, Nutritional Consultant **Léré Robinson** on a nutrition journey!

- *Gain an in-depth look at every aspect of **healthy living**
- *Learn what foods are really **good** for your body
- *Shop for good foods **that taste great**
- *Receive real solutions to **personal health issues**

Walk away from this boot camp equipped with recipes, menus and practical tips to effect real nutritional change in your own home!

Healthy living starts with knowledge and making small changes.

Start now with an Alive Again! Nutrition Boot Camp!

To enlist for our next Boot Camp, contact Léré Robinson on:
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